

# SPARC Family Resource Guide

## Living the Promise

### S.P.A.R.C Family Resource Guide

The Student-Parent Action and Retention Collaborative (S.P.A.R.C) has prepared this guide as a first-look into to some of the resources our campus and our community has to assist you and your family. Our hope is that by you providing with these crucial support systems that you as a student will need to ensure a successful experience at UCR.



# SPARC Resource Guide for Families

## On-Campus Resources

### CHILDCARE/FAMILY RESOURCES

#### Child Development Center

3333 Watkins Drive , Riverside CA

[cdc.ucr.edu](http://cdc.ucr.edu)

Adjacent to Canyon Crest Family Student Housing, the UCR Child Development Center (CDC) offers full-day childcare and kindergarten. Providing a safe and healthy environment for infants, toddlers, preschoolers and kindergartens, the CDC is accredited by the National Academy of Early Childhood Programs. CDC serves children between the ages of 2 months and 5 years old. Subsidized child care is available to UCR students who qualify.

#### Lactation Rooms

1160 University Ave , Riverside CA

[hr.ucr.edu](http://hr.ucr.edu)

(951) 827-1012

There are two lactation available to students and staff. Locations:

- Sproul Hall 2113
- Pierce Hall 2214B

To obtain access to these rooms, you must fill out a Room Usage and Program Participation Agreement Form and sub-

mit it to UCR's Human Resources to receive a key to the facilities.

#### Financial Aid

900 University Ave, Riverside CA

951-827-3878

[Finaid.ucr.edu](http://Finaid.ucr.edu)

Provides financial services including scholarships, grants and loans. There are also emergency loan programs. student expense loans and work-study.

### SUPPORT SYSTEMS

#### Counseling Center

Veitch Student Center –North Center

[counseling.ucr.edu](http://counseling.ucr.edu)

(951) 827-5531

The Counseling Center offers a myriad of services including: Individual, Couples and Group Counseling as well as psychiatric therapy. Most services are free and confidential, There's also a 24-warmline telephone service to provide support throughout the day.

#### Student Health Services

Veitch Student Center

951-827-3031

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[campushealth.ucr.edu](http://campushealth.ucr.edu)

The mission of the Student Health Services is to



promote academic excellence, enrich the student experience, and support student retention by providing high quality, accessible, cost-effective, and comprehensive medical care to students, with a focus on multidisciplinary services, health education and prevention

They offer:

- ◆ Preventative Care
- ◆ Dental Service
- ◆ Women’s Health
- ◆ Dental Service
- ◆ Adult Dependence and Child Insurance is available.

### Student Affairs Case Manager

HUB #381 (951) 827-9354

If you're struggling with an issue,

whether it’s medical, psychological, psychiatric, social, financial or academic, the Case Manager is here to offer their services. Services include:

- ◆ Medical Referrals
- ◆ Psychological
- ◆ Psychiatric
- ◆ Social
- ◆ Financial
- ◆ Academic Support

### HOUSING RESOURCES

#### Canyon Crest Family Student Housing

3595 Canyon Crest Dr., Riverside CA  
[housing.ucr.edu](http://housing.ucr.edu)

A commitment to family. A commitment to education. Put them both first. Resting on 55 acres at the edge of campus, Family Housing consist of economical two- and three- bedroom single and duplex homes nestled on tree-lined streets, surrounding an expansive park, playground and picnic area. The community is composed entirely of UCR students and their families.

Homes come fully-equipped with a

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refrigerator, stove/oven, basic cable TV and washer/dryer hookups. A

grass yard and community-recycling program round out amenities.

In brief, a “family” is defined as a student with a spouse or domestic partner, with (out) children. Further details about eligibility can be viewed on the Housing web site.

We recommend that students apply for Family Housing as soon as possible after being admitted to UCR. All Family Housing applicants will be placed on an assignment list prioritized by the date on which the application is received. Wait times are typically six to nine months. There is no guarantee of accommodation associated with Family Housing.

### Off-Campus Living

#### Community Living Program

3595 Canyon Crest Drive, Riverside CA  
[housing.ucr.edu](http://housing.ucr.edu)

The Community Living Program is a free tool for UCR students, faculty and staff to search for housing close to campus. Land-

lords and property managers can also list vacancies. Use the tool to perform basic and advance searches, including amenities, price, housing type and personal preference.

**UCR Housing Services does not investigate, endorse or guarantee the tenability of any listings or referrals or of the suitability of those responding to the listings. Users are strongly encouraged to investigate potential accommodations and interview potential roommates personally. UCR Housing, Dining & Residential Servicers the right to remove, edit or withhold any listing.**

### STUDENT RESOURCES

#### The Women’s Resource Center

260 Costco Hall (951) 827-3337

[wrc.ucr.edu](http://wrc.ucr.edu)

The Women’s Resource Center (WRC) provides programs and services that support and empower the campus community. The WRC offers campus safety programs, sexual assault and domestic violence advocacy, student leadership op-

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### On-Campus Resources

portunities and special events connected to women's issues. We champion student persistence, gender equity, a strong sense of community and everyone's right to safety and a high quality of life.

#### The Well

248 HUB (951) 827-9355

[well.ucr.edu/](http://well.ucr.edu/)

The Well is part of the campus and UC system-wide Mental Health/Healthier Campus Climate Initiative committed to providing a safe, supportive, and connected campus environment through the promotion of healthy minds bodies and communities.



They Offer:

- ◆ Peer-Mentoring Services
- ◆ Healthy Screening
- ◆ Fitness & Nutritional Advising
- ◆ Mental Health Counseling
- ◆ Peer-Groups

#### Student Life at UCR

299 HUB (951) 827-7344

[studentlife.ucr.edu](http://studentlife.ucr.edu)

Student Life is dedicated to the education and development of UCR's diverse student body and to creating a meaningful, learning-centered campus life for students at the University



- ◆ Mentoring Services
- ◆ Orientation Services
- ◆ Commuter Programs
- ◆ Campus Activities/Events
- ◆ Leadership Opportunity

#### Associated Student of UCR (ASUCR)

202 (HUB) (951) 827-3621

[asucr.ucr.edu](http://asucr.ucr.edu)

The Associated Students of the University of California, Riverside (ASUCR),

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### On-Campus Resources

is the Student Government here at UCR. It is organized like a standard government, with the undergraduate student body at the head. They offer funding for student run programs and activities and work as advocates on the students behalf.

#### R'Kids

R'Kids was founded in November of 2012 and started as a support group for students, faculty and staff with children. It became an official student organization in April of 2013 and has since expanded to seek out and acquire more resources for student-parents.



Contact: [rkidsofucr@gmail.com](mailto:rkidsofucr@gmail.com)

#### Scotty Cubs and Parents

Scotty-Cubs and Parents is a student-parent run support group with the express purpose of creating a safe space for student with families to . Some of the support group topics have included: birthing stories; balancing school, home and baby; parenthood; relationships; academic success and student life @ UCR .



Contact the Women's Resource Center @ [wrc@ucr.edu](mailto:wrc@ucr.edu)

#### Legal Services

##### Legal Clinic

202 (HUB)

Website: [asucr.ucr.edu/legal-clinic](http://asucr.ucr.edu/legal-clinic)

<https://asucr.ucr.edu/programs-services/legal-clinic/>

ASUCR works with volunteer attorneys to provide free legal services to registered undergraduate students at UCR.

The attorneys do not provide formal legal representation but rather education and self-help services to assist and help students to solve problems.



- ◆ Child custody, divorce and child support
- ◆ Bankruptcy and credit cards
- ◆ Small claims court

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### Off-Campus Resources

#### Health and Nutrition

##### W.I.C (Women, Infant, Children)

[rivco-nutrition.org/](http://rivco-nutrition.org/)

1-800-455-4942

Riverside County WIC helps pregnant women, new mothers and young

children eat well, stay healthy and be active. The program is funded by the U.S. Department of Agriculture (USDA ). Open to families with children ages infant-5 years.



##### The CalFresh/SNAP Assistance Program

[dpss.co.riverside.ca.us/](http://dpss.co.riverside.ca.us/)

(951) 358-3400

Provides low-income households with electronic benefits they can use at most grocery stores to ensure they are able to provide a healthy diet for themselves and their family.



##### Community Connections 211

Dial: 211 or (800) 464-1123

Website:

[www.connectriverside.org](http://www.connectriverside.org)

Community

Connect has a wide impact on

Riverside County,

serving all areas in a variety of capacities including: rental assistance, housing, transportation, professional and self development, counseling, senior services and so much more.



#### Utilitize Assistance Programs

##### Community Action Partnership of Riverside County (CAP)

2038 Iowa Avenue, Suite B-102  
Riverside, CA 92507

(951) 955-6448

There are two programs to assist with the payment of utilities.

- SHARE is funded by the City of Riverside and is specifically for City of Riverside Public Utilities customers and pays up to \$150.00 once a year to those who show proof of need.
- LIHEAP is a federally-funded program that is implemented by the State that

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### Off-Campus Resources

pays for gas, electric, wood, oil and propane.

You can apply for either or both by calling the contact number and scheduling an intake appointment.

The CAP also offers:

- ◆ Free Tax Preparation
- ◆ Dispute Resolution
- ◆ Small grants for grassroots organizations
- ◆ Youth Programs
- ◆ Housing Assistance Programs
- ◆ Individual Development Accounts (IDA)- A savings program where the CAP will match what you saved up to \$1,000.00

mental needs. Services Include:

- ◆ Licensed Child Care
- ◆ Sensory Motor Clinic
- ◆ Mental Health Programs
- ◆ Physical, Occupational and Speech Therapy
- ◆ Early Intervention Home Program
- ◆ Outreach Program
- ◆ Inclusion Partners
- ◆ Autism Spectrum Intervention
- ◆ Parenting Classes

Website: [www.wyliecenter.org](http://www.wyliecenter.org)

#### Safe Families for Children

[www.safe-families.org](http://www.safe-families.org)

Since 2005, Safe Families for Children has offered sanctuary to thousands of children, minimizing the risk for abuse or neglect and giving parents the time and tools they need to help their families thrive. The ultimate goal is to strengthen and support parents so they can become Safe Families for their own children



Safe Families for Children

#### Family Centers

##### Carolyn E. Wylie Center

4164 Brockton Ave. Riverside, CA  
(951)683-5193

The Carolyn E. Wylie Center is a large multi-service center serving the Inland Empire, we provide the highest quality educational programs and therapeutic services to meet the needs, goals and hopes of individuals with special learning, emotional and develop-



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#### El Sol Educational Center

[Elsolnec.org](http://Elsolnec.org)

El Sol Neighborhood Educational Center is a grassroots non-profit offering access to health care; safe, affordable housing; opportunities for education;

and the leadership skills to eliminate disparities.

Support groups for parents and post-partum depression are available



#### Family Service Association

21250 Box Springs Road Suite 212  
Moreno Valley, CA (951)686-1096

Family Service Association has responded to the changing dynamics of families, by expanding the scope of services to include comprehensive care for families in need

Services Offered:

- ◆ Child Development Services for children 3 months-12 years.
- ◆ Mental Health Services

- ◆ Senior Services
- ◆ Community Center
- ◆ Housing Assistance
- ◆ Health and Wellness Services

#### Child Care-Local/Near By 0-5 yrs

#### Cesar Chavez Community Center/ Barry Bonds Park

2060 University Ave. Riverside, CA  
(951) 826-5746

Barry Bonds Park and Cesar Chavez Community Center provides a fun, safe family and community driven space filled with activities and programs for infants, children, teens and adults. They offer afterschool programs, athletics, dance, fitness courses, swimming, summer camps and a myriad of other programs and services.

- ◆ Bobby Bonds Headstart offers Childcare services on a subsidized/ sliding-scale basis for children 6weeks-5 years old
- ◆ Park Ammedaties Include:
  - ◆ Softball Field
  - ◆ Basketball Court

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- ◆ Sports Field
- ◆ Soccer Field
- ◆ Tennis Court
- ◆ Community Center
- ◆ Pool
- ◆ Restroom
- ◆ Skate Park
- ◆

#### NATI FUENTES CENTRO DE NINOS

2010 Martin Luther King Blvd  
Riverside, CA 951-683-8935

The Nati Fuentes Centro De Ninos, one of the Concilio Child Development Centers, provides an enriched curriculum, serves nutritious meals, and creates a safe, stimulating environment where children learn to value themselves and their achievements. **Offers Childcare services on a subsidized/ sliding-scale basis for children 6weeks-5 years old.**

#### Canyon Crest KinderCare

5445 Canyon Crest, Riverside CA  
(951) 683-1626

Private Daycare that offers childcare for

children ages 6weeks to 5 years. There is a curriculum that offers to teacher children kindergarten prep.



#### Highgove Headstart Preschool

690 Center Street, Riverside CA (951)  
788-7296

A preschool housed in Highgrove elementary school.

#### Elementary Schools

#### Emerson Elementary School



4660 Ottawa Ave, Riverside, CA

(951) 788-7462

Emerson Elementary School offers rigorous standards-based academic program as well as a unique and compelling learning environment. Emerson boasts high levels of academic performance in a multicultural setting. **After school homework**

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help, academic enrichment and recreation is available through two different options- the school's HEARTS program

#### Highland Elementary

700 Highlander Ave. Riverside, CA  
(951) 788-7292

Highland Elementary School has a population of about 740 students from pre-school to 6th grade, which includes two classes for severely handicapped students and two classes for non-severe special education students. The school is situated **in close proximity to the University of California, Riverside**

**UCR) campus. After school homework help, academic enrichment and recreation is available through two different options- the school's HEARTS program**

#### Middle/Junior High Schools

#### University Heights Middle School

1155 Massachusetts Ave. Riverside



(951) 788-7388

University Heights is a professional learning community utilizing the following key components:

- ◆ Shared mission, vision and values
- ◆ Collective inquiry
- ◆ Collaborative Interdisciplinary Teams
- ◆ Action orientated/ experimentation
- ◆ Commitment to continuous improvement
- ◆ Results orientated

#### Central Middle School

4795 Magnolia Avenue, Riverside, CA  
(951) 788-7282

Central was founded on the principles of strength, dignity and tradition and was one of the first Junior High's I Riv-

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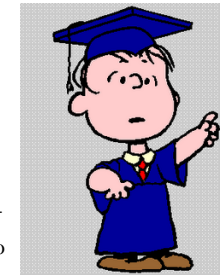
erside. It has a very active and involved PTA.

#### High School

#### John W. North

1550 3rd Street,  
Riverside  
**(951) 788-7311**

John W. North High School is a diverse community which strives to develop compassionate life-long learners who are college and career ready and will make a positive impact in society



#### Legal Services

#### Lawyer Referral Services

#### Calbar.ca.gov

A lawyer referral service refers potential clients to attorneys. This means that if you want to talk to a lawyer, a lawyer referral service is a good place to call. The lawyer referral service staff will interview you and, if you have a legal problem, will match you with a lawyer who is experienced in the appropriate area of law. You will then see the lawyer for an initial consultation or speak to the lawyer on the phone.

**The SPARC Family Resource Guide was created by The Student-Parent Programming Assistant and is in no way reflective of the ideas or under the banner of the UCR Housing Department, Women's Resource Center or any other University of California- Riverside affiliate.**

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## SPARC Resource Guide for Families

### What Is S.P.A.R.C.

**The Student-Parent Action and Retention Collaborative (SPARC) helps all students with families navigate their way through their academic careers here at UCR.**

**We offer seminars, programs and workshops pertaining to academic success, an introduction to our research institution, mental and emotional wellness, cultural diversity as well as address any other issues relevant to re-entry adult/post-traditional learners with families.**

**We will also be offering a course that is designed to provide information on services provided on campus such as: understanding of financial aid resources, academic tips and shared strategies for balancing course load expectations with parenting imperatives. We'll also provide services for those who receive county benefits such as CalWORKS, CalFresh, Medical and WIC.**

**We work closely with student organizations and committees to ensure the needs and demands of student-parents are heard as well as foster an accepting, "family-friendly" environment for our students with families.**



## SPARC Resource Guide for Families

### R' Families, R' Future

The University of California, Riverside serves the needs and enhances the quality of life of the diverse people of California, the nation and the world through knowledge – its communication, discovery, translation, application, and preservation. The undergraduate, graduate and professional degree programs; research programs; and outreach activities develop leaders who inspire, create, and enrich California's economic, social, cultural, and environmental future.

The University of California Riverside celebrates our commitment to having one of the most diverse campus in the nation by offering you the resources and support you need to be academically and holistically successful here as you navigate your way through our halls. We want to continue our mission to "Living the Promise" to include your loved ones and family.

Through S.P.A.R.C, we offer all the tools you'll need to be successful, the support you need to feel connected and the space for your family to thrive.



**S.P.A.R.C.**

**260 Costo Hall  
Phone: 951- 827-3337  
website: [wrc.ucr.edu](http://wrc.ucr.edu)**